

# DISTRICT 11-4A SWIMMING AND DIVING DISTRICT CHAMPIONSHIPS - 2025

## I. LOCATION

Don Cook Natatorium - 16255 Lexington Blvd, Sugar Land, TX 77479

II. <u>SESSION</u>	<u>SITE</u>	<u>DATE</u>	<u>WARMUP</u>	<u>START</u>
<i>Varsity Diving</i>	<i>Don Cook</i>	Saturday, January 25, 2025	8:00 am	10:00 am
<i>Varsity Swimming</i>	<i>Don Cook</i>	Saturday, January 25, 2025	12:00 am	2:00 pm

## III. VARSITY WARMUP

Competition Pool (diving board end):  
General swim: 12:00 - 1:15 PM  
Sprint lanes: 1:15 - 1:45 PM

Warmup Pool:  
Open during competition  
No diving

## IV. SCRATCHES

Scratches are due no later than one hour before each session.

## V. OFFICIALS

*Diving:* A minimum of 5 Judges should serve as District certified judges.

The Diving Referee will be in charge of obtaining the judges for diving.

Varsity Divers will perform 11 dives

Girls will compete first at 10AM. The boys' event will begin 30 minutes after the conclusion of the girls' event.

\*Events and warm-ups may be combined/altered depending on the number of entrants\*

*Swimming:* High School Certified Officials will be used. A minimum of six officials for all swimming sessions are needed to serve as:

One (1) Starter and one (1) Referee

Two (2-3) stroke/turn judges

Two (2-3) poolside take-off judges.

*Meet Committee:*

Meet Director, Referee (non-voting), official (appointed by Referee, not involved in the ruling), two coaches and a female and male student representative (nominated by coaches) will serve on the Meet Committee to decide any disputes not directly accounted for in the rules.

## VI. SCORING

Scoring to 8 places in individual and relay events.

## VII. HOSPITALITY

*Hospitality will be provided in the weight room for Coaches, Officials, Administrators, and Meet Staff*

VIII. **AWARDS**

Medals will be given to 1st, 2nd, and 3rd place, and ribbons to 4th - 8th in both individual and relay events for the Varsity meet.

Championship trophies will be awarded to top Varsity male and female teams.

**Individual Recognition of Athletes:**

1st Team All District will consist of 1st - 3rd place winners.

2nd Team All District will consist of 4th - 6th place winners.

Academic All District Team (Each team recognized during breaks in competition)

TISCA Coach of the Year will be voted on by the TISCA coaches during the meet.

Swimmer and Diver of the Year will be determined by NISCA Power Points

IX. **ADMISSION**

Admission Fees: \$5

Admission will be charged at the Varsity Swimming session.

Officials and Meet Volunteers will not be charged.

Each team will submit, by the Wednesday of the meet week, a list of 4 volunteers to help on deck.

All Tickets will be purchased through [Go Fan Tickets](#), **no cash accepted at the door.**

X. **MEET SET-UP AND TIMING**

An automatic timing system will be used which should include:

One touchpad, 2 push-buttons and 2 watches per lane.

Each team will supply four volunteers per session.

XI. **RESTRICTIONS**

No food on the pool deck area.

Air horns, bells and other mechanical noise makers are prohibited in all District sessions.

XII. **ENTRIES**

*Entries DUE:* Tuesday, January 21, 2025 – by 5:00 PM

Register your diver on [cleanentries.com](#).

Meet is labeled as [District 11-4A FBISD](#)

***Email to:*** [FBISD.meetentries@gmail.com](mailto:FBISD.meetentries@gmail.com)

XIII. **MEET REGULATIONS**

The meet will be governed by the rules as stated in the UIL Handbook and National Federation Rulebook.

XIV. **MISC.**

The host school district will provide Security at all sessions.

XV: **OFFICIALS:**

*Meet Director:* Katie Anselmo *Dive Referee:* John Isbell *Swim Referee:* Louis Davis